

Seven Mountains Pre-Camp Swim Test

The swim classification of individuals participating in Scouting aquatics activities at Seven Mountains Scout Camp is a key element in both Safe Swim Defense and Safety Afloat.

Pre-camp Swim Tests may be administered by a BSA Aquatics Instructor, BSA Cub Aquatics Supervisor, BSA Lifeguard, or a recognized instructor or lifeguard from a YMCA or Red Cross program. **In order for the test to be valid, the person administering the test must submit a copy of their credentials (i.e. Life Guard Certification) with this form.**

There are three swim classifications: **Non-swimmer**, **Beginner**, and **Swimmer**. Please, indicate below the classification of each adult or Scout.

Type of Unit: Pack Troop Crew **Unit #** _____

Swim Test Report	
	Roster
1	Swim Classification
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Summer Camp:
 This opportunity to take the swim test can be counted in place of the swim test at summer camp; however, if the Aquatics Director believes the classification to be inaccurate leading to safety concerns about the Scout during any aquatic activities, the Aquatics Director reserves the right to retest the Scout or the leader to be certain they can partake in aquatic activities safely.

Swim tests are good for only 1 year from the date listed on this form.

I have certified that the Scouts above have completed a BSA Swimmer's Test.

Name (printed)
Signature
Date

The Swimmer Test: Jump feetfirst into water over the head in depth, swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim and include at least one sharp turn. After completing the swim, rest by floating.

The Beginner Test: Jump feetfirst into water over the head in depth, level off, and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to starting place.